

The Cross and Flame

www.pinegroveumc.org

The Cross and Flame

Is published monthly to inform members and friends of events and ministry at PGUMC.

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THOUGHTS FROM THE REV...

Here we are in the beginning of November wondering where the Summer went. It is as if time just skipped over a couple of months. Do you feel that way? But this is a wonderful time of the year with its depth of meaning, the power of its significance, and the wonder of its grace.


Sunday we will celebrate All Saints Sunday where we recall to our memory not only those great saints of the church who have gone on to glory, but also those saints that have touched our lives in a personal way with their up close beauty and grace... saints who have made a difference in the way we live our lives today... saints who helped to set our feet on the right path. Sunday we will remember them for the way they moved us. Not only will we remember them, we will also seek to live lives more like the lives they lived... the lives that made a difference in us.

In November we will also remember the veterans who served our country and how they sacrificed in our behalf that we might enjoy the freedoms we have today. This year I am thinking along the lines of putting the war behind us and finally forgiving our enemies. That is a tough one to do, isn't it?

Toward the end of November we are called to give thanks as we celebrate a time/day of Thanksgiving. Isn't it odd that we officially celebrate thanks only once a year? Should that be part of a daily pattern of living and responding to a life that is blessed by almighty God?

Take slow, deliberate steps through November with eyes and ears and hearts wide open drinking in the wonder of God's grace.

Grace and Peace
 Steve

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1 7:00 p.m. PPRC	2 6:30 p.m. UMYF 7:00 p.m. Children's Council	3 6:30 p.m. Hand Bells 7:30 p.m. Chancel Choir	4	5 6:30 p.m. S G # 7 at Dee Anne's Home	6 8:00 a.m. UMW Bazaar UMYF Help at the Bazaar
7 Holy Communion All Saints Sunday 5:00 p.m. 3:16 Study	8	9 6:30 p.m. UMYF 6:30 p.m. Girl Scouts 7:00 p.m. Ad. Min. Council	10 10:00 a.m. Sue Rollins Circle 6:30 p.m. Hand Bells 7:30 p.m. Chancel Choir	11 7:00 p.m. Gertrude Alspaugh Circle	12	13
14 Veteran's Sunday 8:00 a.m. UMM Breakfast 5:00 p.m. 3:16 Study	15 7:00 p.m. Nurture and small Group Facilitators	16 6:30 p.m. UMYF Thanksgiving Project	17	18	19	20
21 218:00 a.m. Breakfast 9:00 a.m. Charge Conference 5:00 p.m. 3:16 Study 7:00 p.m. Thanksgiv-	22	23 6:30 p.m. Girl Scouts	24	18 	26 Church Office Closed	27
28	29	30				

GREETINGS FROM THE LIBRARY,**CALLING ALL READERS!**

The new Pine Grove Library is proud to announce that it now has an impressive collection of not only religious but also secular books. Please come give us a look!



This month we would like to feature one of our newest books, **Making Rounds with Oscar** written by Dr. David Dosa. This is a very captivating book about a cat with a special ability who lives in a nursing home.

What is it about? The extraordinary gift of an ordinary cat.

A remarkable cat

A Special Gift

A life-changing Journey

Making rounds with Oscar is the story of an unusual cat, the patients he serves, their caregivers, and one Doctor who learned how to listen. Heartfelt, inspiring, and full of humor and pathos, this book allows readers to take a walk into a world rarely seen from the outside, a world we often misunderstand.

Many thanks to Shirley Martin for her donation of this very refreshing book to our library. Now, that fall is finally here and winter just around the corner, would be a great time to check out the Library and start reading.

The Library Committee

VOLUNTEERS NEEDED

The Library Committee needs friendly faces to read to our Weekday School Children. The Committee will provide the books for children ages 2—5. Volunteers (singles or couples) will be needed from 9:10 a.m. to 11:30 a.m. on the following dates: January 26, February 23, March 23, April 13. Please see the sign up sheet in the narthex on the communication center or call the church office to reserve your space..

UMW Bazaar – The annual UMW Bazaar will be held Saturday November 6th starting at 8:00 am. Our Youth will be selling Ham Biscuits for breakfast and the United Methodist Men will be selling barbeque for lunch.

We also will be holding a “White Elephant” sale. If you have items in good condition to donate, please bring them to the Fellowship Hall on Friday November 5th or early Saturday morning. Please have the items priced.

For you Ladies baking goodies and making crafts, please bring them Friday night, priced to sell.

If you have any questions, please contact Michele Roberts.



UMW Nut Sale



White Elephant Sale



Crafts



**UMYF Ham Biscuits
8:00 AM**



UMW Chicken Pies



**UMM Barbecue
11:00 AM**



Baked Goods

NOVEMBER BIRTHDAYS



**BLESSINGS
ON YOUR
BIRTHDAY**

- November 1 Dorothy Parker
- November 2 Cindy White Ellis
- November 3 David DePietropaolo
- November 4 Charles Parker
Emma Rowe
Angie Tucker
- November 5 Davis Underwood
- November 8 Kim Craig
Eddie Scott
- November 9 Jennie Jones
Betty Vogler
- November 10 Joan Byrd
- November 11 Larry Tesh
- November 12 Chris Houle
Tom Mahannah
Jordan Nelson
- November 14 Allison Asbury
- November 16 Leah McCoy
- November 18 Amy Roberts
- November 21 Diana Young
- November 22 Kyle Asbury
Melissa Flowers
Marilyn Mercer
- November 23 Sue Morgan
- November 24 Lu Ann Boles
- November 26 Charles Morgan
- November 27 Irene Berry
Reece Pleasant
- November 29 Ron Lewis



- November 5 Homer & Kim Craig
- November 10 Rennie & Barbara Smith
- November 13 Byron & Wilma Falls
- November 17 Steve and Angie Tucker
- November 20 Roy & Ruth Spach
- November 27 Jay & Polly Caudle

OUR VOLUNTEERS

PROVIDE BREAD FOR VISITORS

- November 7 Evelyn Groce
- November 14 Joyce Long
- November 21 Julie Stoakley
- November 28 Peggy Sizemore

USHER SCHEDULE

- November 7 Tom Mahannah, Head Usher
Scott Pugh
Eddie Scott
John Fonda
Calvin Tanner
- November 14 Roy Spach, Head Usher
Chris Council
Butch Hogue
Dee Fair
Brent Shutt
Joe Hughes
- November 21 Tom Mahannah, Head Usher
Scott Pugh
Eddie Scott
John Fonda
Calvin Tanner
- November 28 Roy Spach, Head Usher
Chris Council
Butch Hogue
Dee Fair
Brent Shutt
Joe Hughes

CHILDREN'S CHURCH

- November 7 Sally Scott
- November 14 Denise Henry
- November 21 Heather Rorke
- November 28 Linda Houle

SANCTUARY ASSIGNMENT

- November Connie Helms and Caroline Dailey

GREETERS

- November Searchers Sunday School Class

SECURITY

- November Asbury Sunday School Class

CRISIS CONTROL ITEM

November Baking Mixes

NEWSLETTER DEADLINE

November 23 by 10:00 a.m.

**ATTENTION
HELPERS NEEDED**

We can use help with people bringing bread and also people to help with the sanctuary. If you have any questions please call the church office. The work is not difficult and the pay is "Out of this world".

SUNDAY SCHOOL STUDY

Sunday School classes meet every Sunday morning at 9:45 a.m. The classes are listed below:

Asbury Class is studying "Old Testament Stories from the back Side" by J. Ellsworth Kalas.

Friendship and Willing Workers are studying the Adult Bible Studies Series which is Exodus and selections from the Psalms

Searchers beginning a study called "Growing Older and Wiser."

Wesley Patchwork Class has begun a study of Hebrews from the Bible

Please choose a class and come join the fellowship. We also have classes for the youth and Children.

EMAILING NEWSLETTERS

On the first test I received undeliverable messages on the following email addresses. If you would like to receive the newsletter by email please unblock your email. You may need to add this address to your contacts: pgumc_pastor@bellsouth.net

Your message cannot be delivered to the following recipients:

Recipient address: tbuchanan@triad.rr.com

Recipient address: cindyparent59@aol.com

Recipient address: ERGoce@aol.com

Recipient address: holmillie@aol.com

Recipient address: maryb2936@aol.com

Recipient address: mbkimel@aol.com

Recipient address: sbailey1124@aol.com

Recipient address: yada924x@aol.com

Recipient address: ksmontgomery@att.net

Recipient address: allberg@bellsouth.net

**ATTENTION: ALL PINE GROVE MEN:**

The Pine Grove United Methodist Men have many upcoming opportunities to serve. Whether you have been active or not, it does not matter. We need your help! Here is a list of the activities:

November 6—BBQ Sale—The UMM will be selling BBQ plates starting at 11:00 a.m. at the Fall Bazaar—men are needed to prepare and serve food (free samples to those working).

November 13—UMAR—The Pine Grove UMM will be installing shelving and preparing a hot dog lunch at the Methodist home for the mentally handicapped.

November 23—Charge Conference breakfast—if you can crack an egg, Jim Mabry wants your help. The UMM will prepare breakfast for all those attending.

Please see myself or any member of the Pine Grove UMM to offer your assistance for these important events.

In Service to Christ,
Scott Pugh

BBQ SALE

The Pine Grove UMM will be selling BBQ plates with chopped BBQ, buns, slaw, rolls, baked beans, and drinks at the fall bazaar beginning at 11:00 a.m. We will sell plates until there is nothing left; at only \$7.50 per plate we don't think it will last long. See you there!



November 2	Sports Night
November 6	Fall Bazaar—Selling Ham Biscuits
November 9	Lesson—Thanksgiving
November 16	Thanksgiving Project
November 23	NO YOUTH
November 30	What's Up with Youth Kernel Kustard
December 3rd and 4th	LOCK-IN 7:30 P.M.—8:00 A.M.
December 7	Steve Martin—Christmas
December 14	Festival of Lights Hayride—Meet at church at 6:00 p.m.
December 21	NO UMYF
December 28	NO UMYF
January 4	NO UMYF
January 11	Parent Meeting for Spaghetti Dinner, Ski trip and other business
January 18	Put together Hope House care packages
January 25	Sports/Fellowship
February 5	Spaghetti Dinner at 5:30 p.m. Youth will meet at 3:30 p.m.





A Widow's Pain

The loneliness I feel leaves me empty inside,
Since my soul mate became sick and died.
Alone in the darkness, I can't control my tears,
While in the daytime, I do not show my fears.

I try to be strong and help my family each day,
As I pray the pain I feel will soon go away.
At times I feel so angry that cancer took his life,
Exposed to Agent Orange caused him much strife.

He fought in Vietnam for what he thought was right,
Our soldiers didn't give up without a brave fight.
Twenty two years for our country, he stood true,
The damage the war caused, the doctors couldn't undo.

Viola Jane Tabor



Viola Jane Tabor is a sister of Eunice Blackburn. Viola's husband, Larry, died earlier this year.

United Methodist Women

November, 2010

All women are invited to join us.

Circle Meetings - World Thank Offering Service

The Sue Rollins Circle will meet Wednesday, November 10th at 10:00 am in the Church Parlor. Betsy Mitchell will have devotions. Linda Kite will host and present the program.

The Gertrude Alspaugh Circle will meet Thursday, November 11th at 7:00 pm in the Church Parlor. Ann Culberson will be hostess. Michele Roberts will have devotions and present the program.

Both circles will be presented with the 2011 nomination of officers and the proposed 2010 year-end distribution of funds, for approval.

Bazaar

Our annual Bazaar will be held Saturday, November 6th starting at 8:00 am. We will have chicken pies, baked goods, and canned goods for sale. Also, we will have a "White Elephant" sale this year. If you have items in good condition to donate to this sale, please call Michele Roberts or plan to bring them when we set up for the Bazaar.

Mark your Calendar:

November 6th: Bazaar

November 9th: UMW Executive Committee at 7:00 pm

November 10th: Sue Rollins Circle

November 11th: Gertrude Alspaugh Circle

November 14th: Officer Training at Love UMC. See Michele Roberts for details.

November 17th: Stitches with Love at 10:00 am

The organized unit of UNITED METHODIST WOMEN shall be a community of women whose PURPOSE is to know God and to experience freedom as whole persons through Jesus Christ; to develop a creative, supportive fellowship; and to expand concepts of mission through participation in the global ministries of the church.



NOVEMBER

Greetings from your Weekday School!

It's unbelievable how quickly this month has gone by! Halloween is here, Thanksgiving is just around the corner, and Christmas will be here before we know it! We've been really busy here at the Weekday School preparing for all those events!

October was a great month! The weather (for the most part) has been beautiful so the children have really enjoyed being able to spend more time outdoors. We've had lots of fun activities going on; among them the 4s & Rs trip to the Children's Theatre on the 1st for a production of Charlotte's Web. The boys and girls really enjoyed their first trip to the Theatre! Everyone loved the visits to the PGUMC & Myers Greenhouses "Pumpkin Patches" on the 18th. The weather was beautiful (a perfect Fall day) and everyone had a wonderful time! The children had lots of fun picking out their own pumpkins; then, decorating them to take home. "Katie's Chapel" on the 20th was lots of fun, too, as the boys and girls enjoyed the books Dear God, Zacchaeus, David & Goliath, and several cute Halloween books with "Miss" Kathleen. A big "Thank You" to Kathleen Sprinkle for helping make the children's morning so special. Members of the W-S Fire Department visited on the 22nd, bringing a wonderful fire safety show to the children. "Sparky the Fire Dog" helped us learn all about what to do in case of fire. Following the show, the children enjoyed seeing a real fire truck "up close" and visited with one of the firefighters dressed in his full fire-fighting gear. It was a great learning experience for the children! As I am writing this article, we are anxiously awaiting our annual "Pumpkin Carnival". The children are excited about coming to school dressed as their favorite characters and winning lots of "prizes" at the Carnival. I can hardly wait to see all our little "characters" dressed up in their costumes! They are always so cute!! Even though we had so many special activities going on this month, we still made plenty of time for learning in our classrooms and for Movement with "Miss" Carol, Music with "Miss" Amy, Spanish with "Miss" Adriana and Chapel Time with "Miss" Chris.

Things will just keep getting busier and busier throughout November and December! The lead teachers and office staff will attend the UMC Weekday School Conference in Charlotte, NC on Thursday & Friday, November 4th & 5th. With our great assistant teachers "taking the reins" and our wonderful parent volunteers helping out, it will be "business as usual" at school. The children will be in good hands and I know those of us attending the Conference will return with lots of new and useful ideas for our classrooms. The 4s & Rs are looking forward to a trip to the Popcorn Farm in Yadkin Co. on November 10th. They will learn all about how popcorn is grown, processed and packaged; and, will receive a small bag of popcorn to take home. The children will enjoy another visit to "Katie's Chapel" on the 17th. They can't wait to hear the stories and are looking forward to meeting another new storyteller friend. Our annual Thanksgiving Feast will be held on Friday, November 19th. The boys and girls are looking forward to entertaining their families and friends with some special Thanksgiving songs, dressed in the Pilgrim and Indian costumes they will create in class prior to the Feast. They will also prepare delicious Pumpkin Muffins for our guests to enjoy with their meal. It will be a fun time for everyone! School will be closed November 24th-26th for the Thanksgiving holidays. We'll return to school on Monday, November 29th, rested and ready for all the excitement and fun of the holiday season.

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Special thanks go out this month to Katie Buchanan and all her volunteer storytellers for the wonderful job they are doing with “Katie’s Chapel”. The children have begun to really look forward to their mornings with you! Also, many thanks (as always) to Jim Neace who continues to do a great job of keeping our building in great shape. Be sure to give him a pat on the back when you see him! ☺

As always, don’t forget to keep our important ministry in your prayers.

Chris

OPERATION CHRISTMAS CHILD

A SIMPLE GIFT. AN ETERNAL MESSAGE. Operation Christmas Child brings joy and hope to children in desperate situations worldwide through simple, gift-filled shoe boxes and evangelistic materials that tell the Good News of God’s love. Here are some ways you can make a difference:

PRAY that God will touch the heart of every child who receives a shoe box gift.

PACK A GIFT—A shoe box filled with small toys and other gifts can open hurting hearts to God’s love.

GIVE \$7.00 or more to cover shipping.

VOLUNTEER—Make an eternal impact on the lives of children through volunteer opportunities.

PENNY CAMPAIGN

SAMARITAN MINISTRIES—Please remember to put your change (and dollars) for the Samaritan Soup Kitchen and Shelter in our jar located in the narthex. **We will be collecting money until Saturday, December 4, 2010.** Five pounds of pennies = \$8.35 and five meals. Ten pounds of pennies = \$16.70 and 10 meals. 20 pounds of pennies = \$33.40 and two nights and two meals in the shelter.

DROP ALL YOUR EXTRA CHANGE IN THE JAR.

SUNDAY SCHOOL CLASS CHALLENGE

The Wesley Patchwork Sunday School Class has chosen as our Christmas project this year to use all of our class treasury that we collect in November and December to go to the General Fund for the church to help offset the Budget. We would like to challenge any other classes that would like to do the same.

THANKS

The Before and After School Committee would like to say a **VERY BIG THANK YOU** to everyone who came out and helped unload pumpkins and to those who manned the pumpkin patch for the month of October. We had another record year and we could not have done it without the help of each of you. I will not attempt to name each person because I may miss someone but just know that you are appreciated very much. Thanks, again, for your support.

Peggy Sizemore
Chairperson

November, 2010

**Pine Grove
United Methodist Church
1130 Jonestown Road
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Non Profit Organization
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Clemmons, NC 27012
Permit 185

**The Cross and Flame
November, 2010**



BOY SCOUT POPCORN SALE

The Boy Scout popcorn sale is going on now. Please see scouts William Scott or Walter Baker to order. They will be in front of the church after the 11:00 a.m. worship service or contact the Mabrys, Abshires or Scotts to place your order. A donation may be made to provide popcorn to military personnel.

TURKEYS!!!

Boy Scout Troop 712 will be selling Thanksgiving turkeys this year. Turkeys weigh 12—15 pounds and cost \$30.00. The turkeys are smoked and ready to eat. Orders are due by November 14th. Turkeys must be picked up between 4 and 8 p.m. on Wednesday, November 24 (the day before Thanksgiving).

You may call Jim Mabry to place an order or you may call the church office.

POINSETTIAS

It is time to consider ordering poinsettias for the sanctuary. They can be ordered in honor of, or in memory of someone, or just to say thank you, or job well done, or we really appreciate you. They cost \$8.00 each and come with wrapping and bows. It would be nice if we could have at least 50 for the front of the sanctuary for Christmas. You may call the church office to place an order or you may fill out the order form found in the bulletin.



NOVEMBER 2010 MENU

Christmas and Thanksgiving Boxes Now Available for Delivery during November and December Distribution!!!
(AFM HOLIDAY BOX ORDER CUT-OFF DATES: Thanksgiving box order deadline is November 9th, 5 PM EST and Christmas box order deadline is November 30th, 5PM EST)

B2 - Bit O' Blessing Box

- 4.5 lb. (avg.) Perdue Whole Chicken
- 1 lb. Crunchy Fish Bites
- 1.5 lb. Hamburger Patties with Cheese (4 x 6 oz.)
- 1 lb. Lean Ground Beef
- 24 oz. French Fries
- 1 lb. Kidney Beans
- 1 lb. Sliced Carrots
- 1 lb. Rice
- Dessert

\$21.00

(plus sales tax where applicable)

B4 - Fast & Flavorful Cuisine

Convenience meals great for seniors and people living with diabetes!

Ten perfectly seasoned, nutritionally balanced, fully-cooked meals - just heat and serve. Each meal has been developed with dietary needs of senior citizens and people living with diabetes in mind.

- Roasted White Chicken
- BBQ White Chicken
- Fish Sticks
- Turkey and Gravy over Bread Dressing
- Swedish Meatballs with Sauce over Noodles
- White Chicken and Gravy over Rice
- Macaroni and Beef
- Pot Roast with Vegetables
- White Chicken Mexicana
- Country Steak with Gravy

*specific meal details can be found at www.angelfoodministries.com

\$28.00

(plus sales tax where applicable)

S1 - NOVEMBER SPECIAL #1 **\$25.00***

- T-Bone Steak Special**
4.5 lb. T-Bone Steaks (6 X 12 oz.)

S2 - NOVEMBER SPECIAL #2 **\$35.00***

- Seafood Variety Box**
16 oz. Butterfly Shrimp (Oven Ready)
10 oz. Breaded Clam Strips (Oven Ready)
12 oz. Cod Loins
16 oz. (4) Stuffed Flounder Portions
17 oz. (4) Crab Cakes (Oven Ready)
16 oz. Popcorn Breaded Shrimp

S3 - NOVEMBER SPECIAL #3 **\$23.00***

- Premium Fresh Fruit and Veggie Box**
1 3 lb. bag Fresh Sweet Potatoes
1 3 lb. bag Fresh Idaho Potatoes
1 2 lb. bag Yellow Onions
1 head Green Cabbage
1 stalk Sleeve Celery
1 1/2 Gallon Apple Cider
4 Navel Oranges
2 Pink Grapefruit
4 Granny Smith Apples
1 6-pack Raisins
1 8 oz. bag Shelled Walnuts
1 10.5 oz. bag Mini Marshmallows
AFM Fruit and Veggie Recipe Sheet

*all prices are plus sales tax where applicable

B1 - Bread of Life Signature Box

Balanced nutrition and variety with enough food to help feed a family of four for about a week.

- 3.5 lb. Perdue Split Chicken Breasts (2 X 1.81 lb. trays)
- 2 lb. Chicken Fettuccini Alfredo Entrée
- 1.5 lb. Hamburger Patties (4 x 6 oz.)
- 1 lb. Crunchy Fish Wedges
- 1.5 lb. Fully Cooked Meatballs (48 ct.)
- 1 lb. Lean Ground Beef
- 1 lb. All Meat Hot Dogs
- 1 lb. Sugar Snap Peas & Julienne Carrots
- 1 lb. Yellow Super-Sweet Corn
- 1 lb. Cut Green Beans
- 24 oz. Steak Fries
- 1 lb. Pinto Beans
- 1 lb. Rice
- 1 lb. Pasta
- 25 oz. Pasta Sauce
- 32 oz. 2% Shelf-Stable Milk
- 1 Dozen Eggs
- 16 oz. Fudge Brownie Mix

\$31.00

(plus sales tax where applicable)

B5 - Just 4 Me After School Box

An assortment of child-friendly snacks. Great for after school or any time.

- 2 lb. Chicken Fingers
- 1.5 lb. Corn Dogs
- 1 (16 oz.) String Cheese
- 3 (2.8 oz.) Peanut Butter & Jelly Jamwich
- 2 (4 oz.) Stuffed Sandwiches (Assorted Flavors)
- 1 (3 oz.) Hot Dog in Bun
- 1 (3 oz.) Grilled Cheese Sandwich
- 1 (5.6 oz.) Breaded Chicken Sandwiches (Twin Pk.)
- 2 (6.5 oz.) Pizzas
- 2 (4 oz.) Sloppy Joe Minis (Twin Pack)

\$24.00

(plus sales tax where applicable)

S4 - NOVEMBER SPECIAL #4 **\$36.00***

- Christmas Box - for delivery in December**
7.5 lb. (avg.) All Natural Perdue Roasting Hen
3 lb. Boneless Netted Ham Roast
12 oz. Corn Bread Stuffing Mix (2 packages x 6 oz. = 12 servings)
1 lb. Frozen Cranberries
12 ct. Mini Corn Cobettes
2 lb. Green Beans
2 lb. Diced Sweet Potatoes
12 ct. Whole Wheat Dinner Rolls
1.7 oz. Brown Gravy Mix (2 packages x .87 oz. = 2 cups gravy)
Dessert
Recipes and Cooking Instructions

Orders Due: Nov 15, 2010
Distribution Day: Nov 20, 2010
www.agapefaith.com

NEW!!!

B3 - Bountiful Blessing Box

- 3.5 lb. Perdue Split Chicken Breasts (2 X 1.81 lb. trays)
- 3 lb. Birds Eye Steamfresh Meals for 2 (2 X 24 oz. pkg.)
- 2 lb. Chicken Fettuccini Alfredo Entrée
- 1.5 lb. Hamburger Patties (4 x 6 oz.)
- 1.5 lb. Bacon-Wrapped Turkey Fillets (4 x 6 oz.)
- 1 lb. Crunchy Fish Wedges
- 1.5 lb. Fully Cooked Meatballs (48 ct.)
- 1.5 lb. Breaded Chicken Nuggets
- 1 lb. Lean Ground Beef
- 1 lb. All Meat Hot Dogs
- 1 lb. Sugar Snap Peas & Julienne Carrots
- 1 lb. Yellow Supersweet Corn
- 1 lb. Cut Green Beans
- 2 lb. Fresh Apples
- 24 oz. Steak Fries
- 1 lb. Pinto Beans
- 1 lb. Rice
- 1 lb. Pasta
- 25 oz. Pasta Sauce
- 5.5 oz. Pancake Mix
- 7 oz. Blueberry Muffin Mix
- 32 oz. 2% Shelf-Stable Milk
- 1 Dozen Eggs
- 16 oz. Fudge Brownie Mix

\$41.00

(plus sales tax where applicable)

GLUTEN FREE!*

B6 - Allergen Free Food Box

- 1 lb. Breaded Chicken Breast Nuggets
- 1 lb. Breaded Chicken Tenderloins
- 1 lb. Breaded Breast Fillet Patties
- 1 lb. Breaded Boneless Chicken Wings
- 1 lb. Breaded Cubed Steak

\$25.00

*Please see our website for other allergen facts. (plus sales tax where applicable)

S5 - NOVEMBER SPECIAL #5 **\$36.00***

- Thanksgiving Box - for delivery in November**
7.5 lb. (avg.) All Natural Perdue Roasting Hen
3 lb. Boneless Netted Ham Roast
12 oz. Corn Bread Stuffing Mix (2 packages x 6 oz. = 12 servings)
1 lb. Frozen Cranberries
12 ct. Mini Corn Cobettes
2 lb. Green Beans
2 lb. Diced Sweet Potatoes
12 ct. Whole Wheat Dinner Rolls
1.7 oz. Brown Gravy Mix (2 packages x .87 oz. = 2 cups gravy)
Dessert
Recipes and Cooking Instructions

Angel Food Ministries Reserves the Right to Substitute Any Items Due to Availability, Cost and Quality. We Accept Food Stamps (EBT). Angel Food Ministries is an equal opportunity provider and employer. Complaints of discrimination should be sent to USDA, Director, Office of Civil Rights, Washington, DC 20250-9410

NOVEMBER NEWSLETTER

I can't believe how quickly the month of October has gone by. We are just returning from fall break. We all enjoyed a restful day off. Pine Grove Trunk or Treat was held on October 29th during fall break. I was so thrilled to see so many from the Before and After School attend. It is so exciting seeing all the children dressed in their favorite costume enjoying a wonderful hot dog supper, games and ALL THAT CANDY!!! THANK YOU to all who put all their hard work and effort in to create such an exciting event!!!!

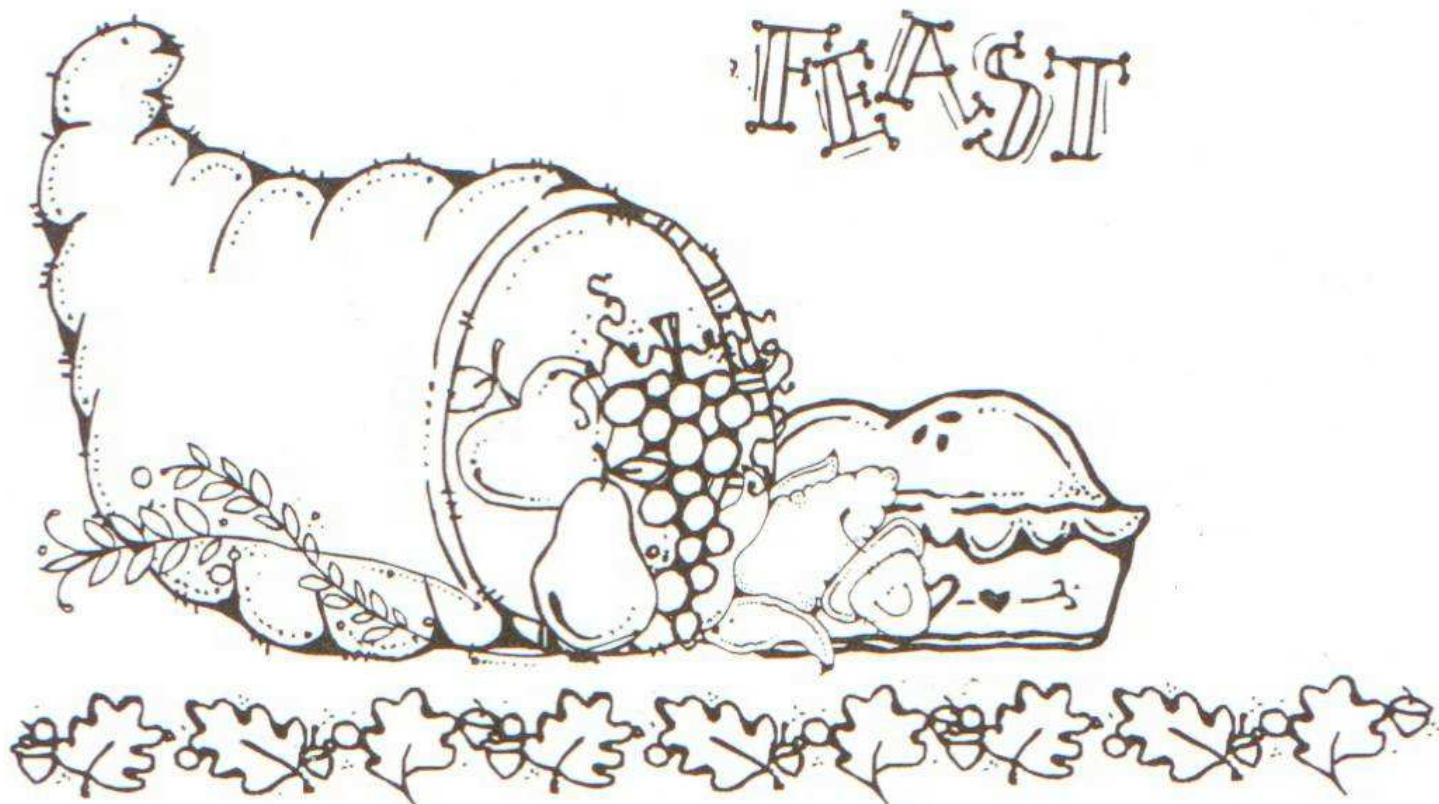
A BIG THANK YOU to all who supported the **Pine Grove Pumpkin Patch** with a purchase of a pumpkin or volunteering your time. Thanks for making the fundraiser such a big success. I will truly miss those pumpkins on the front lawn. It was such a beautiful sight.

Now that Halloween has passed in just a few short weeks we will be "Giving Thanks". This month's "Fun Friday" the kids will work on a Thanksgiving craft for Mom and Dad. They truly look forward to these special Fridays and the departure from the *dreaded* homework. We will also celebrate November birthdays.

As we enter into the upcoming holiday season it is a wonderful time to reflect on the many blessings in each of our lives. The Before and After School wishes all a Happy Thanksgiving.

Until next month,

Linda



Please enclose this order form with your order

Name: _____

Address: _____

Phone Number: _____

Email address: _____

B1-Bread of Life Signature Box: X \$31.00 =

B2-Bit O' Blessing Box: X \$21.00 =

B3-Bountiful Blessing Box: X \$41.00 =

B4-Fast & Flavorful Cuisine: X \$28.00 =

B5-Just 4 Me After School Box: X \$24.00 =

B6-Allergan Free Box: X \$25.00 =

S1-T-Bone Steak Special: X \$25.00 =

S2-Seafood Variety Box: X \$35.00 =

S3-Fruit & Veggie Box: X \$23.00 =

S4-Christmas Box: X \$36.00 = (Special order deadline: 11/30/10, 5PM)

S5-Thanksgiving Box: X \$36.00 = (Special order deadline: 11/09/10, 5PM)

Total included: _____

We accept cash or check.

Order Deadline:

Monday, Nov. 15, 2010

Distribution Day:

Saturday, Nov. 20, 2010

Pickup Time:

Saturday, Nov. 20 2010
10:00

All orders not picked up by 10:30
Are donated to a local Food Pantry

Mail order form with payment to:
Pine Grove United Methodist Church
1130 Jonestown Road
Winston-Salem, NC 27103

Please make checks payable to PGUMC

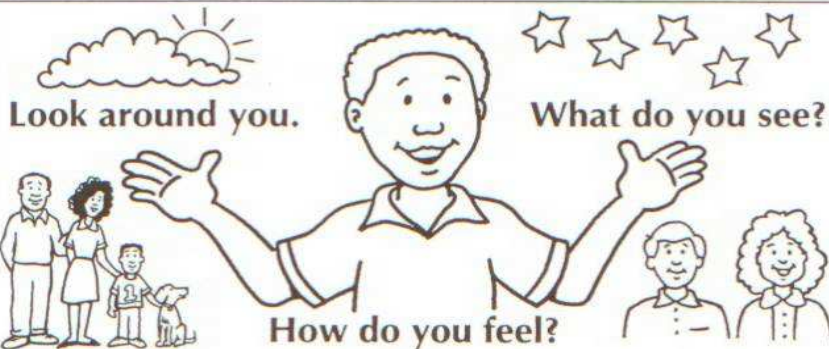
Or

Give order form and check to :

Office or Polly

(before 11/11/10)

Just for Kids



Read the definitions and look at the pictures. Write the word in the boxes. The dark boxes will spell a word to write on the lines above.

Answers:

Earth; shoes; family; friends; sky; food; sun; clothes; THANKFUL!